

Escape: Budget break

Lisbon for under £100 a night!

Where to stay

■ Casa Amora, Amoreiras

WHAT a lovely hideaway, beside a quiet square not far from the lively streets of the Bairro Alto district. Rooms are in 19th-century buildings with facades clad in eye-catching, caramel-coloured tiles. The 11 tasteful rooms feature art nouveau furniture.

B&B doubles from £80; 13 Rua de Joao Penha (casamora.com)

■ Casa do Barao, Bairro Alto

THIS 18th-century townhouse, pictured, has had a snazzy revamp, with retro furniture and modern art. When warm, the highlight is a pool in the oasis-like back garden.

B&B doubles from £97; 84 Rua da Emenda (casadobarao.com)

■ The Independente Hostel Suites, Bairro Alto

TAKE Lisbon's oldest privately owned lift to reach the eclectic rooms at this local institution, which used to be Lisbon's Socialist Party HQ. Modern art covers just about every wall. A visit to the hip rooftop bar/restaurant is a must.

B&B doubles from £96, or with views from £106; 81 Rua de Sao Pedro de Alcantara (theindependente.pt)

■ Hotel Marques de Pombal, St Antonio

PREFER to keep things business-like? If so, make this ten-storey hotel by Marques de Pombal metro station your base. It's convenient for the airport (about 25 minutes away) with designer furniture and a library-like bar.

B&B doubles from £75; 243 Avenue da Liberdade (hotel-marquesdepombal.pt)

ALL prices based on low-season stays (October to March), but may fluctuate.

Where to eat

■ Loja das Conservas, Chiado

THIS fun, tiny restaurant is connected to a shop selling colourful cans of tinned fish. The mackerel pie (£9) is especially popular and the hearty fish soup (£2.60) is excellent.

Two courses with a glass of wine, from £12; 6-8 Travessa do Cotoveto (lojadasconservas.com)

■ A Nossa Casa, Bairro Alto
THIS brand-new eatery is run by talented twentysomethings. The interior is quirky, with watering

cans hanging above the bar and a bicycle 'coat rack'. The food is a modern take on traditional Alentejo dishes: mussels with lime

and shallots and lovely salt-cod with egg yolk.

Two courses & wine from £16; 31 Rua da Atalaia (00 351 21 342 0484).

■ Leao d'Ouro, Bairro Alto

DURING World War II, when Portugal was neutral, spies from both sides gathered at Leao d'Ouro (Golden Lion). The blue-tiled walls are beautiful. Cod, lobster, seabass and sardines are offered, but cut costs with fish soup and bread (£7).

Two courses from the main menu from £17.50; 105 Rue 1 de Dezembro (restauranteleaoouro.com.pt)

■ Mercado da Ribeira, Cais do Sodre

THIS is also known as the Time Out Market. Shop for pastel de nata (custard tarts) for less than £1, and sardinha fidalga (sardines on toast) and caldo verde (cabbage soup), both £2.60.

49 Avenue 24 de Julho (timeout.com/about/market)

■ Adriano Restaurant, Bairro Alto

TABERNA/cafes nestle behind Estacio do Rossio, the main station. Beer and a salt-cod fritter is £3.50 at Adriano Restaurant. Calcada Carmo 39.

How to get there

WIZZ AIR flies daily to Lisbon from Luton from £51 return (wizzair.com).

TOM CHESHYRE



Pictures: GETTY/TUUL & BRUNO MORANDI/JORG GREUEL

Illustration: PHIL ARGENT

What to see and do

ICONIC TRAMS

LISBON'S trams date from the Thirties and are a city symbol. They're a great way to rest weary legs — Lisbon has seven hills — and get orientated. Route 28 is brilliant, weaving from Martim Moniz to Campo Ourique. Fares are £2.50; a 24-hour ticket from a metro station is £5.50.

TOP OF THE HILL

WONDERFUL views of the River Tagus are to be had from the

terraces in Alfama, pictured: the perfect spot for a picnic. Afterwards, stroll through the labyrinthine alleyways of the old town to the river.

VISIT THE CATHEDRAL

LISBON Cathedral dates from the 12th-century, though much has been rebuilt since an earthquake in 1755. Entry is free.

LOSE YOURSELF

BAIRRO Alto district has buildings covered in colourful tiles, called azulejo. Get lost among the architecture, then learn more about the tiles at the



National Tile Museum (museu doazulejo.gov.pt, entry £4.40).

FREE CULTURE FIX

SOME museums are free on Sundays, including the musical Museu do Fado (museudofado.pt) and Museu Calouste Gulbenkian, with artefacts and art (gulbenkian.pt/museu).

£25,000 OF HOLIDAYS TO BE WON

THE Mail has teamed up with luxury travel specialists Hayes and Jarvis and the award-winning experts in Italian holidays, Citalia, to give away FIVE prizes of £5,000 to spend on a trip of a lifetime!

From the Taj Mahal (below) to the Maldives, winners can spend their £5,000 gift card on any holiday they wish from our partners.

You could be jetting off to an exotic location of your choice, with Hayes and Jarvis on-hand to tailor-make your dream itinerary. Or, if you're one of our lucky winners with Citalia, you might choose to visit the historical sites of Rome (above, far right) or take in the Amalfi Coast.

With 90 years' expertise, Citalia's local knowledge enables it to create

truly bespoke itineraries. So start collecting today — you may be about to begin a new adventure...

HOW TO ENTER

VIA POST: Collect five differently dated tokens printed each day in the Daily Mail and The Mail on Sunday until February 22, 2019 (today's token is printed below, far right). Send your tokens along with the entry form (right), to the address given by March 1, 2019. Draw made on March 15, 2019.

VIA MYMAIL:

1. JOIN or sign in to your account at mymail.co.uk
2. ENTER three Unique Numbers from the back of the Daily Mail and The Mail on Sunday between February 16 and February 22, 2019.

3. CLICK Redeem by 23:59 on February 26, 2019, to be entered in the draw. No Nectar points required.

4. You'll be sent an email confirming your entry into the prize draw.

TERMS: Full T&Cs apply, see Page 69 and mymail.co.uk/pages/travel-comp-terms. By entering, you agree to all terms. Open to UK residents (excluding NI) aged 18+. Enter via MyMail and/or post, as per details to the left. Multiple newspaper purchase required. The following prizes shall be awarded, in order of allocation: three £5,000 gift cards to spend with Hayes and Jarvis and two £5,000 gift cards to spend with Citalia. Winners will be chosen in random draw on March 15, 2019. Winners will be notified within seven days of the closing date. No cash alternative. Prizes not transferable. Holiday subject to availability and must be booked by September 30, 2019. Winners responsible for arranging passports, insurance and visas. Holiday bookings subject to Hayes and Jarvis/Citalia T&Cs. Promoter: Hayes and Jarvis.

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HOLIDAY ENTRY FORM

ATTACH five differently dated, original tokens printed in the Mail between February 16 and February 22, 2019. Send your tokens and this form by March 1, 2019 to: Luxury Holiday Competition, PO Box 1269, Cheltenham GL50 9ZN. One postal entry per person.

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16/02/2019

PLUS: DON'T MISS MONDAY'S DAILY MAIL FOR THE LAUNCH OF OUR NEW LUCKY FLIGHTS GAME WITH £100,000* TO BE WON